

Problem:

Let's prove the relation $X \times Y = A \times B \Leftrightarrow X = A, Y = B$.

Solution:

a) Necessity: let's prove that $X \times Y = A \times B \Rightarrow X = A, Y = B$. Let's take any element from

$$X\times Y\colon \forall x\in X, \forall y\in Y\Rightarrow (x,y)\in X\times Y=A\times B\Rightarrow (x,y)\in A\times B\Rightarrow x\in A, y\in B, \Rightarrow \ \forall x\in X, \forall y\in Y, \Rightarrow X\in X, \forall y\in Y, \forall x\in X, \forall y\in Y, \forall x\in X, \forall y\in Y, \forall x\in X, \forall x\in X,$$

$$\Rightarrow x \in A. y \in B \Rightarrow X \subseteq A, Y \subseteq B.$$
 Similarly, let's take $\forall a \in A, \forall b \in B \Rightarrow (a, b) \in A \times B = X \times Y \Rightarrow$

$$\Rightarrow (a,b) \in X \times Y \Rightarrow a \in X, b \in Y \Rightarrow from \ a \in A, b \in B \Rightarrow a \in X, b \in Y \Rightarrow A \subseteq X, B \subseteq Y.$$

We have obtained $X \subseteq A \subseteq X, Y \subseteq B \subseteq Y \Rightarrow X = A, Y = B$.

b) The sufficiency is obvious: $X = A, Y = B \Rightarrow X \times Y = A \times B \Rightarrow X \times Y = A \times B \Leftrightarrow X = A, Y = B$.